

SeniorNet (Pakuranga) Inc
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NOVEMBER 2024

Established in 1996 especially for Pakuranga, Howick and Botany residents



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Our next Meeting,
Friday 1st November
at 10.00am



St Andrews Church Centre
Corner Ridge Rd and Vincent St

The main entrance is in Vincent Street with parking in the grounds and disabled parking near the basement entrance.

Visitors welcome

Kate will start our day and get us smiling before coffee time.

Our guest speaker, Wendy Hampton, has gained extensive knowledge and experience as a lawyer covering legal property matters including Estate Planning. Her talk will cover these topics. To assist clients with their estate planning, Wendy created **The Estate Planner** booklet and will make it available at our meeting at \$25 per copy. See Wendy's bio Page 2.

NOVEMBER HELP DAYS

Mon	4 Nov	1pm
Wed	13 Nov	10am
Thur	21 Nov	1pm
Tues	26 Nov	10am



NEW MEMBER

Yvonne Sparrow



"You put a round thing on a spinning plate with a needle and then you play with buttons and knobs ... only old people know how to do it!"



WENDY HAMPTON BA.LL.B

Lawyer, Speaker and Author

Wendy has more than 30 years experience as a lawyer primarily working in the area of property matters including Residential and Commercial Conveyancing, Wills, Estates, Trusts and Relationship Property Matters.

For many years Wendy has had her own legal firm on Auckland's North Shore but has recently sold her practice and is now travelling around New Zealand presenting talks on ways you can make the administration of your estate more efficient and cost effective.

Over the years Wendy has gained extensive knowledge and experience in legal property matter including Estate Planning. To assist her clients with their estate planning Wendy created **The Estate Planner** Booklet. She has recently had the book reprinted and made it available to the general public.

The Estate Planner is an easy to follow planner which will help you keep all your important personal information in one place.

More importantly **The Estate Planner** will assist your family and friends when the time comes to administering your estate.

Wendy has a real passion to pass on to others the knowledge she has gained over the years and is able to do so through her book and through speaking engagements.

Wendy can be contacted through her website www.wendyhampton.com

By email wendy@wendyhampton.com or by phone 021 413 126.

For more information visit www.wendyhampton.com

Microsoft is progressively rolling out a large update to Windows 11, referred to as version 24H2, meaning year 2024 second half. This is a large update and you will need to leave your PC plugged and wait when you are notified it's your turn.

As with many software changes for the majority of users it will go smoothly and work immediately its installed but there are interactions being reported with some PCs from ASUS, some third part Apps and even some Windows features. Microsoft is no doubt working to resolve these high priority problems.

There are some actions you can take to avoid being in the early adopter category if you get an offer to update in the next few weeks.

Go to Settings, Windows Update and turn off "Get the latest updates as soon as they are available". Then move to "Pause Updates" and choose the maximum delay of 5 weeks.

If you do strike trouble you can roll back within 10 days of the update. You may choose to have help with this action.

Roll Back Windows 242H:

Open Settings:

Go to System > Recovery

Recovery options section, click on Go back

Follow Instructions: Follow the on-screen instructions to confirm the rollback.



Dawn's Ramblings

I was very impressed with Capt Hayden last month. His talk about SeaCleaners and the work they do was inspiring. I have become much more aware of our environment and even picked up rubbish in a carpark — a first for me. Note to self: Must try harder to do my bit for our planet.

I have had an exciting few weeks watching the Americas Cup. Grumpy and all as I was with Grant Dalton for not holding the regatta here, I still had to watch. Maybe it was better for them, and maybe it would be more publicised in Europe than here, so maybe I should just shut up and be happy for all of them. In the next few weeks we will probably start all that hassle and haggling again.

What about all the other heroes, the lady cricketers, the young lad in his racing car, the Black Caps, Netballers, some water polo I think. How wonderful it all was. What a great little country this is.

I planted a dozen climbing beans on Saturday and they are looking happy and healthy. I also planted potatoes about a month ago and they are springing up too. I love spring. My stocks still look amazing after flowering for at least two months.

Life isn't too bad right now—all I have to do is keep it that way, and that's the tricky bit but I try. Many people tell me I'm very trying. I don't know what they mean.

Keep smiling.

Sea Cleaners – removing rubbish from our shorelines and the ocean.



Captain Hayden Smith

A big thank you to Captain Hayden Smith for telling us how great things can grow from a simple idea. He told us his story of growing up in West Auckland and the wonderful bush and sea adventures he had as a child. He described his early jobs, including working for his father's transport company which he did not find fulfilling. Eventually, Smith's partner encouraged him to find a job that would evoke the enthusiasm he had experienced as a child and this led him to adventure tourism. He became involved in various adventure activities and eventually ended up working at First Kayak. Unfortunately, many of the planned tourist trips had to be cancelled because of bad weather.

After several weeks of cancellations and frustrated at the lack of activity he decided to brave the weather and kayak alone around the Waitemata Harbour. It was on this trip that he found himself surrounded by rubbish. Horrified by the extent of the rubbish problem in the harbour a seed of an idea was planted. That was over 20 years ago. Now Smith heads Sea Cleaners, an organisation that has collected 18.5 million litres of rubbish locally and has inspired thousands of people globally to take responsibility for cleaning up ocean pollution.



Heading out at dawn to collect rubbish



Northland "Bobby Stafford-Bush II"

Despite approaching many organisations, it took Smith over 2 years to gain support for his ideas. It was after a conversation with Sir Bob Harvey that things started to take off. With Sir Bob's help and a good business plan Smith was able to interest the other Auckland Mayors and recruit organisations such as Watercare to support his plan. Today the operation involves hundreds of volunteers and paid staff. Since its inception Sea Cleaners has removed over 130 million pieces of rubbish from our coast. Sea Cleaners has now expanded to include multiple vessels and regions, including Northland, Auckland, Waikato, and Tauranga.

However, with the expansion of the operation comes increased financial challenges. They now need to raise over \$345,000 annually to support the teams. Over the years the Coca Cola Foundation has donated funds to Sea Cleaners. This year Sea Cleaners has employed a full-time fundraiser to help with grant applications so that the organization can expand its fleet and operations. Like all businesses the pandemic had a significant impact on funding and so they had to reduce operations but Smith was pleased to report that there had been a significant improvement in recent times. Sea Cleaners hope to secure funding to support a fleet of 10 vessels and to expand their education programs. Smith emphasizes the importance of education in preventing litter.

The organization has developed a comprehensive education program for primary school students. The program includes school kits with rubbish bags, gloves, posters, and a work plan to clean up school grounds and understand where their waste goes. There is also a Youth Ambassador Program. This involves high school students from New Zealand and international students from countries around the Pacific such as the USA, Japan, and Canada. The program aims to educate students about the impact of plastic waste and to encourage them to "take action" in their communities.



Working with schools

Kate's Take continued ...

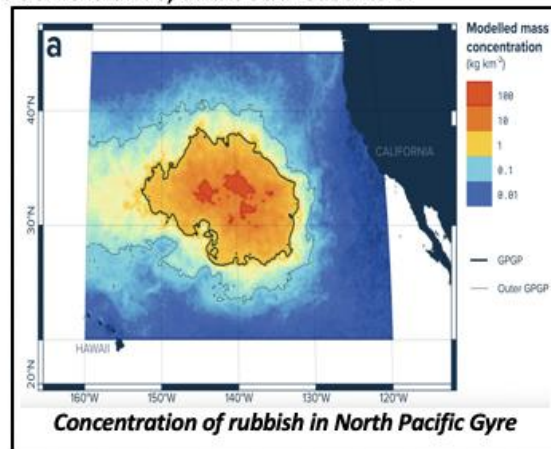
Smith emphasised that cleaning up the ocean can only be achieved by encouraging the individual to reduce the use of plastics and to dispose of litter responsibly and by encouraging global corporations to reduce the use of plastic in the packaging for their products. Smith gave the example of Nestlé who have reduced their plastic output significantly in recent years.



The RNZ after a day's clean up on Great Barrier Island

From that moment in the Waitemata Harbour, Smith has managed to influence organisations globally. He has developed relationships with the US Navy and the Royal New Zealand Navy. They help to clean up local shores they visit and emphasise the issues of ocean pollution in the training of new recruits. He is hoping to expand this to the whole of the Commonwealth Fleet starting with Australia and to then expand this model to other countries such as the Americas, the South Pacific islands, and Southeast Asia.

The organization's work has also gained recognition from various international partners, including Ocean Aid and the Hawaiian Tourism Authority. To the north east of the Hawaiian Islands sits the North Pacific Gyre. This is a vortex created by the currents of the Pacific that concentrates the rubbish originating from the countries that encircle the ocean. In addition to large plastic, such as bottles and bags, the Great Pacific Garbage Patch (GPGP) is estimated to contain approximately 2.5 kg of microplastics for every 0.5 Kg of plankton. Marine animals consume this rubbish thinking it is food resulting in their death.



Concentration of rubbish in North Pacific Gyre



The rubbish removed from the gut of a dead sea turtle

In the marine environment pieces of clear plastic look similar to jelly fish, a food source for Hawksbill and Leatherback turtles. The largest of all animals, the blue whale consumes up to 4 ton of krill per day. Using a filter feeding system it takes in large volumes of water then pushes the water out through its baleen plates retaining the solids for consumption which will also include microplastics.

The Sea Cleaners volunteers start work at 6.30 am and on average, each team will remove 2000 litres of rubbish a day. On days when the weather conditions preclude launching the boats the teams will head inland removing rubbish from the shore, storm water outlets and river banks. Much of the rubbish is too contaminated to be recycled directly but it is still sorted to reduce the amount of waste that goes to landfill. Some of the refuse stations are now sorting specifically to supply Future Post with its raw material. These plastic posts are more resilient than wooden posts, do not leach chemicals into the soil and are certified for use in organic farming.



The Sea Cleaner vessels can access the coast line that cannot be reached from the shore

use in organic farming. When they are no longer required they can be returned to Future Post for recycling. What a wonderful job Captain Hayden Smith is doing. He emphasised how we can all play our part by disposing of our own rubbish responsibly and to remember to pick up rubbish that we see when we are out to prevent it entering the ocean via the storm water system. For more information, to become a volunteer or donate go to the website at www.seacleaners.com.

K Senner Oct 2024

COMMITTEE

- Chairman** Brian Erikson
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- Treasurer** Mervyn Coward
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- Secretary** Dawn Howarth
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- Guest Speaker Co-Ordinator** Maggie Burrill
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- Asst Guest Speaker Co-Ordinator**
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My girlfriend left a note on the fridge:

"It's not working. I can't take it anymore. I am going to my Mom's place."

I opened the fridge. The light came on. The beer was cold... What the hell is she talking about?



COURSE TIMETABLES, HELP DAYS AND COURSE BOOKING INFORMATION

To view all SeniorNet courses and timetable, click here

<http://www.senpak.nz/courses/>

NOVEMBER HELP DAYS

Mon	4 Nov	1pm
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NO APPOINTMENT NECESSARY



Course Booking Information

- * You need to be a member of SeniorNet to take part in our classes.
- * If you need assistance in deciding on a course, please contact the Tutor who will answer any questions and also take your booking.
- * We require you to pay a course fee to cover the cost of notes and other expenses. Please bring the correct cash to the first session.
- * Our Courses are all held at our Learning Centre at
12 Ben Lomond Crescent, Pakuranga.
- * Please park on the road or in the Gym carpark across the road as no parking is permitted on site. **If you use the gym parking (not available Monday or Thursday mornings) it is important that you park on the left, next to the gym. You can printout the parking advice from our website (under the Courses tab) or write your own and leave on the dashboard of your car.**

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